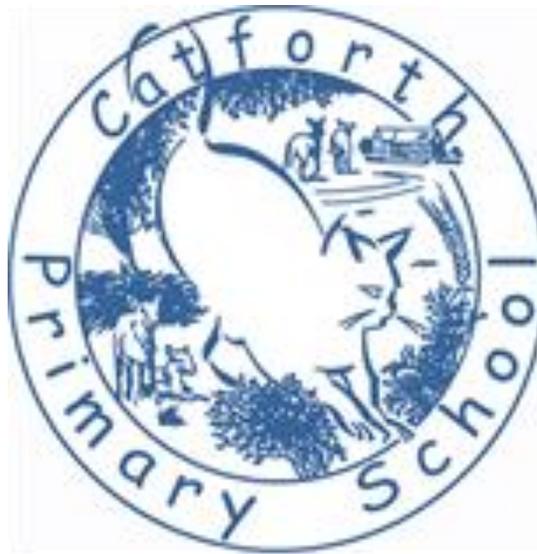


PE and Sport Premium Funding Action Plan

2018-2019

Catforth Primary School



Department for Education Vision for the Primary PE and Sport Premium

“All pupils leaving primary school to be physically literate and with knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.”

The funding has been provided to ensure impact against the following objective:

“To achieve **self-sustaining improvement** in the quality of PE and sport in primary schools. It is important that the focus of spending must lead to long lasting impact against the vision above that will live well beyond the Primary PE and School Sport Premium Funding.”

It is expected that schools will see an improvement against the following 5 key indicators:

1. The engagement of all pupils in regular physical activity – kick starting healthy active lifestyles.
2. The profile of PE and sport being raised across the school as a tool for whole school improvement.
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport.
4. Broader experience of a range of sports and activities offered to all pupils.
5. Increased participation in competitive sport.

In our action plan, we have specified which of the above key indicators each priority relates to. This helps us to focus our actions to ensure the funding is used as the Department of Education intended.

Our action plan focuses on developing three key areas;

Physical Education

Healthy, Active Lifestyles

Competitive School Sport

PE and Sport Premium Funding allocated to our school for 2018-2019 is: £16,550

Physical Education

Physical education is education through physical activity: its goal is the development of the individual as a whole, not just their physical development or their proficiency in specific sports. Through a focus on ensuring physical education at primary school we provide young people with access to physical activity for life as well as building the foundation for future participation and performance in sport.

A high quality PE programme will develop physical literacy and allow children to learn about themselves, the importance of a healthy lifestyle, self-expression and concepts such as fair play and respect. PE also contributes to the development of a range of important cognitive skills such as decision making and analysis, and social skills such as teamwork, communication and leadership.

Specific Objectives What we want to do	Strategies What are we going to do to achieve objectives?	Signs of Success/Impact When we have achieved our objectives we should see	When	Cost	Key Indicators
Improve the quality of children's Physical Education throughout the school.	Whole staff training on LCC PE Scheme of work to ensure staff have the knowledge and skills necessary to deliver a high quality PE curriculum.	Staff are clear about our aims in PE. They understand the government's PE strategy and focus on improving provision. They have a good understand of what a good quality PE lesson should look like and can plan for progression. Children learn and improve their skills through consistently high quality PE lessons. Enjoyment is increased	Autumn Term	£350	2, 3
	Focus on developing Fundamental Movement Skills in EYFS and KS1. Focus on further skills development through specific sports in KS2.	Children in KS1 becoming increasingly competent in all 10 FMS and can talk about their skills. Children competent in all 10 FMS by the end of KS1. Children in KS2 have opportunities to further develop their skills via specific sports.	From Autumn Term	No cost	
	Introduce assessment in PE; - FMS in EYFS/KS1 - 'Core Tasks' in KS2 Observations to be carried out in PE lessons to assess level of attainment. This is then used to track progress and inform planning.	Baseline assessment of FMS in place at beginning of YR. Reassessed at end of each year – final assessment end Y2. Teachers know how well children are doing in PE and plan for them to develop their next steps. Children with gaps in their skills have been identified and strategies put in place to address this.	Autumn Term Summer Term	No cost	
	Training, including demonstration lessons and team-teaching, for teachers in dance and gymnastics (in response to teachers own self-evaluation) (City of Preston Gymnastics Club)	Teachers knowledge and skills in the teaching of dance and gymnastics is improved. They feel more confident in delivering high quality lessons. Pupils skill and enjoyment in dance and gymnastics is increased	Spring Term	£900	

Healthy, Active Lifestyles

Healthy behaviour in childhood and the teenage years set patterns for later life and, if acquired early can have a dramatic impact on well-being.

Our focus will be on increasing enjoyment and engaging pupils by offering a breadth of appealing activities that include plenty of exercise and promote wider health and well-being messages.

Specific Objectives What we want to do	Strategies What are we going to do to achieve objectives?	Signs of Success/Impact When we have achieved our objectives we should see	When	Cost	Key Indicator
Encourage pupils to be more active during the school day by increasing opportunities for activity, in order to achieve at least 30 minutes of activity for all children during every school day.	Join the Preston School Sports Partnership to access support and training.	The school has access to a network of support to help us improve our provision.	Summer term	£499	1, 3, 4
	Introduce daily Wake and Shake following PSSP training.	Pupils are more alert first thing and concentration levels will improve. Pupils are more active.	Summer/ Autumn terms	Staff training (included in PSSP m'ship)	
	Look into feasibility of providing a running track so we can introduce the Daily Mile.	Fitness levels and stamina of all pupils (and staff) will improve. Pupils are more active.	From spring term	Cost of running track	
	Active Playgrounds Member of staff to attend Multi Skills Level 1 Activators Award training to enable them to deliver lunchtime activities. Staff work with Year 5 and 6 pupils to provide organised activities at lunchtimes three times a week, which target development of Fundamental Movement Skills.	Staff develop confidence in working with children to deliver activities and achieve positive outcomes. Pupils are more active. Their competency with a range of FMS increases. Pupils enjoyment in being physically active increases. Year 5 and 6 pupils develop leadership skills and act as role models for younger pupils.	Summer term	Staff training (included in PSSP m'ship)	
Children to develop fundamental skills for cycling/riding and increase confidence and safety knowledge.	Bikeability training for children in Years 5 and 6 who can already ride a bike ~ safe cycling on the road. Learn to ride sessions for pupils in Year 5 and 6 who can not yet ride a bike. Balanceability for Reception/Year 1 children using balance bikes.	Children will develop fundamental skills for riding and increase confidence and knowledge of how to ride safely on the road. They can then ride for fitness and leisure with their family. Children learn the important life skill of how to ride a bike which they can then use for fitness and leisure. Confidence and self-esteem improves. Children develop balance, co-ordination and core stability. Confidence and self-esteem improves.	Summer term	Free £200 Staff training (included in PSSP m'ship) Cost of bikes	1, 4

Parents have opportunities to become involved in PE and sporting activities at school.	Parents invited to watch sporting events and fixtures. Family fun session once a term, encouraging whole family participation in physical activity.	Parents develop an understanding of the government's aims to increase physical activity in children. They support and understand the importance of PE and physical activity and encourage their children to be more active. Families have the opportunity to enjoy activities together.	Starting Spring 1 2018	No cost	1,2 & 4
Additional swimming provision, for our younger children.	Swimming lessons for pupils in Years 2, 3 and 4.	Children are more confident in the water and learn to swim at a younger age. They are less likely to be nervous in the water and have more time to develop the competencies required by the end of Year 6. They may be more likely to swim for leisure and fitness with family outside of school time.	Spring/ summer terms	£1,700	1, 4
Encourage children to eat more fruit and vegetables and make healthy choices regarding their diet.	Knowledge about diet and health through the curriculum in science, PSHE and DT – all classes and year groups.	Children's understanding of how the food we eat can influence our health and well-being (including dental health). Older children become aware of labelling on packaging and how to use this to help them make healthier choices.	Year round (as on class curriculum maps)	Cost of ingredients (not from sports premium)	<i>Healthy lifestyles</i>
	Cookery Club after school ~ 4 week cookery course provided for different year groups throughout the year. No charge. All children able to access if they wish. Children take home the food that they cook and recipes so they can make it at home.	Children know how to prepare and cook a range of healthy meals safely. They try new foods that they might otherwise not have tried and share these with their family. Some families might choose to use the recipe to make the meal again. Understanding of choosing healthier options relating to fat, sugar and salt content is improved, and that food is still tasty!	Every half term	Cost of ingredients (provided by Tesco) Staffing £640	
	Gardening Club after school ~ growing vegetables in our school garden. Children take these home to eat with their family.	Improved understanding of where our food comes from. Increased activity levels whilst gardening ~ some families might want to grow vegetables/gardening at home.	Summer term	Cost of seeds (not from sports premium)	

Competitive School Sport

All children enjoy being appropriately challenged and at a young age most are keen to explore what they are capable of. Competitive school sport for primary school children should be categorised on a focus by achieving one's 'personal best' rather than being 'the best'.

Specific Objectives What we want to do	Strategies What are we going to do to achieve objectives?	Signs of Success/Impact When we have achieved our objectives we should see	When	Cost	Key Indicator
Raise the profile of school sport and encourage participation for all pupils and ensuring our sports provision is inclusive.	<p>CPD for staff regarding competitive school sport – what it means and how we can make sure provision is good our school.</p> <p>Ask pupils what clubs they would like and provide a variety of sports and activity clubs each term. These should be free of charge so that all pupils may access them. They will be delivered by good quality sports coaches or school staff.</p> <p>Children to write reports on competitions and events they have attended. Photographs and reports put on the website/Class Dojo.</p> <p>Celebration and recognition of achievement in assemblies. 'Spirit of the Games' awards given after each competition to emphasise values.</p>	<p>All children, staff and parents are aware of what is happening in competitive sport in our school.</p> <p>Children experience new sports and activities that they have never tried before. Participation and enjoyment at clubs is increased. Children can talk about what they have enjoyed and got better at.</p> <p>School sport at Catforth is celebrated different ways and shared with our whole school community.</p> <p>Emphasis is changed from 'winning' to 'improving' and demonstrating the 'Spirit of the Games' values.</p>	<p>Spring Term</p> <p>Summer Term</p> <p>Summer Term</p> <p>Summer Term</p>	<p>No cost</p> <p>Club coaches £1,800 (6 x £300)</p> <p>Staffing £1,200</p>	1, 2, 3, 4 & 5
Increase participation in inter-school competitive School Games events.	<p>Enter a range of competitions throughout the year organised by our local SGO and Sports Partnership.</p> <p>Ensure all children (Y1-Y6) have the opportunity to represent the school at a competitive sporting event at least once in the academic year.</p> <p>Run clubs (dinner time or after school) to ensure children are prepared for the competition.</p> <p>Provide a sports kit for pupils to wear at competitions (appropriate sizes KS1/KS2) <i>We only have a football kit at the moment.</i></p>	<p>School attends a greater range of competitions to appeal to the strengths and interests of all pupils.</p> <p>Each child in Y1-6 has had the opportunity/experience of representing the school at a sporting event during the year.</p> <p>Children are confident as they approach the event and participate enthusiastically. They might even win!</p> <p>Improved confidence and 'looking the part'.</p>	Every half term	<p>£120 per year</p> <p>£200 (transport)</p> <p>£500</p>	1, 2, 3, 4 & 5
Develop intra-school sports competitions through school teams and School Games values.	<p>Further develop our school teams through a variety of competitive sports events.</p> <p>Plan a 'Catforth Games' event once a term. Give points for children demonstrating 'School Games Values' as well as achievement.</p>	<p>Children will be involved in house competitions in the classroom setting.</p> <p>Children will show their competitive side in classroom based tasks, in order to gain points for their teams.</p>	Once a half term – last week before the holidays?	No cost	2, 5

<u>Competitive School Sport</u> <i>cont'd</i>	<p>Children will win points throughout the year culminating in the final prize giving at the end of year, with a 'Catforth Games' trophy.</p> <p>Have a 'Catforth Games' display in school to track points and to celebrate events and School Games values.</p>			<p>£100 (awards/ promotional materials)</p>	
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Sustainability of whole plan:

The **PE and Sport Premium** funding has been provided to ensure impact against the following objective;

‘To achieve **self-sustaining improvement** in the quality of PE and sport in primary schools’.

Therefore, sustainability has been considered when putting together our whole action plan. These are the things we have considered:

- Working with the School Sport Partnership, COPGC, LCC and other professional sporting organisations to provide CPD for all our staff to increase their confidence, knowledge and skills in teaching and delivering PE and sport, not just in PE lessons, but playtimes too.
- Enabling children to become young leaders and deliver activities with their peers.
- Involving families to ensure that we are sharing good practise and encouraging activity outside of school.